

## COMMONWEALTH of VIRGINIA

#### DEPARTMENT OF

MENTAL HEALTH, MENTAL RETARDATION AND SUBSTANCE ABUSE SERVICES

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JAMES S. REINHARD, M.D. COMMISSIONER

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# SUICIDE PREVENTION, INTERVENTION & HEALING CONFERENCE MAY 2 & 3, VIRGINIA BEACH

**RICHMOND**—The Department of Mental Health, Mental Retardation and Substance Abuse Services, with support from the Department of Health and the Virginia Suicide Prevention Council, will host the 3<sup>rd</sup> Annual Statewide Suicide Prevention, Intervention and Healing Conference, Thursday and Friday, May 2 and 3, at the Doubletree Hotel, 1900 Pavilion Drive, Virginia Beach. (**Agenda attached**)

"Suicide in Virginia claims the life of one teenager a week, and nearly two adults a day. It is an important challenge for both mental health and health professionals in the Commonwealth. The training provided at this conference is vital for our staff, the private sector, families and survivors, and others who work or participate in education, the faith community, law enforcement, and the criminal justice and courts systems," said James S. Reinhard, M.D., Commissioner.

Dr. Reinhard will open the conference beginning at 8 am on Thursday, May 2. He will introduce Colonel David Litts, O.D., Special Advisor to the Assistant Secretary for Health and the U.S. Surgeon General for Suicide Prevention. Dr. Litts is the Surgeon General's representative for the National Strategy for Suicide Prevention, serving as Assistant Managing Editor and contributing writer for the <a href="National Strategy: Goals and Objectives for Action">National Strategy: Goals and Objectives for Action</a>.

Governor Warner has proclaimed May 7 Childhood Depression Awareness Day to focus attention on serious depression in youth and its relationship to suicide. In the past two years, Virginia has become a nationally recognized leader in youth suicide prevention.

For more information about suicide in Virginia, see the Department of Health's website: http://www.preventsuicideva.org./

### **Conference Schedule**

### Thursday, May 2, 2002

8:00a.m.-9:30p.m. Opening Session Ballroom
Welcome

Karen Marshall James Vetter, Ed.M.

**Opening Remarks** 

James S. Reinhard, M.D.

**Acting Commissioner, DMHMRSAS** 

Keynote Speaker

Col. (Dr.) David Litts

Special Advisor to the U.S. Surgeon General "National Strategy for

Suicide Prevention:

A Public Health Prescription for the Community"

9:45a.m-11:00a.m. Breakout Sessions

Panel: Survivors of Suicide by Loss
The Connection Between Suicide and Violence
Suicide Postvention in A School Setting
Suicide Prevention and the Juvenile Justice System

Cedar
Ballroom
Sequoia
Oak

Suicide and the University Setting
Suicide and the Elderly

Royal Palm
Crepe Myrtle

Cop-2-Cop Maple

11:00a.m-11:15a.m. Break Lobby and Exhibition Area

11:15a.m.-12:30p.m. **Breakout Sessions** 

Panel: Adolescent Suicide Oak

Media Guidelines for Suicide Reporting
SOS: Maury High School
What the Bible Says About Suicide
Writing to Heal

Royal Palm
Sequoia
Cedar
Maple

Enhancing the Positive: Resiliency and Coping Crepe Myrtle

Skills for Youth

12:30p.m.-1:15p.m Lunch Ballroom

Introduction of Lunch Keynote Speaker

Karen Marshall

1:15p.m.-1:45p.m. Lunch Keynote Speaker Ballroom

Paul Quinnett, Ph.D.

"Sex, Hope and the Psychology of Fishing"

2:00p.m.-3:15p.m. Breakout Sessions

Panel: Depression Across the Lifespan
Substance Use, Abuse and Prevention: Assessing Risk
Ballroom

And Preventing Bad Outcomes

Reducing Suicide Risk: Crepe Myrtle

Sexual Orientation/Gender Identity

Children of Jonah: Stories of Survivors

Training First Responders

QPR/Applied Suicide Intervention Skills Training

Maple

Model Overviews and Discussion

The Influence of Rock and Roll Music Royal Palm

3:15p.m.-3:30p.m. Break **Lobby and Exhibition Area** 3:30p.m.-4:30p.m. General Session Ballroom

Virginia's Youth Suicide Prevention Plan

James Vetter, Ed.M., VDH

Betsy Draine, L.C.S.W., DMHMRSAS

State Planning and Day Two's Charge Ballroom 4:30p.m.-5:00p.m.

Reese Butler

Margaret Nimmo Crowe

Friday, May 3, 2002

Introduction to Tai Chi 7:30a.m.-8:30a.m. **Pool Deck Area** 

8:45a.m.-11:30a.m. Regional Planning Sessions

> Region One Oak

Region Two Crepe Myrtle Region Three **Royal Palm** Region Four Sequoia Cedar Region Five

10:15a.m.-11:30a.m. **Repeat Breakout Session** 

> Cop-2-Cop Maple

**Lobby and Exhibition Area** 11:30a.m.-11:45a.m. Break

Ballroom 11:45a.m.-12:30p.m. General Session

Regional Breakout Summaries

Reese Butler

Lunch Ballroom 12:30p.m.-1:30p.m.

DMHMRSAS Presentation of

Trainer Awards and Special Recognition

**Betsy Draine** 

Lunch Keynote Speaker Jerry Reed, SAMHSA "Effective Advocacy"

**Breakout Sessions** 1:45p.m.-3:00 p.m.

> Suicide and the Elderly Royal Palm

Survivors Panel Oak Suicide by Cop: Barricaded Hostage Situations Cedar

Tips for the Professional: Asking the Question **Crepe Myrtle** Maryland Suicide Prevention Model Ballroom Crisis Lines and Suicide Prevention Maple The Surviving Congregation Seguoia Break **Lobby and Exhibition Area** 

3:00p.m.-3:15p.m. 3:15p.m.-4:00p.m. Closina Ballroom

Karen Marshall

Christy Letsom